



# Serendipity Center Trauma Informed Care Fact Sheet

Serendipity recognizes that there are invisible scars in children who have endured trauma.



### Serendipity's Core Beliefs, drawn from the Principles of RE-Education:

- Trust is essential.
- Feelings should be nurtured.
- Groups are major sources of instruction.
- Community must be experienced to be learned.
- Intelligence can be enhanced.
- Competence makes a difference, especially with schoolwork.
- Self-control can be taught.
- Physical experiences help us define ourselves.
- Now is when life is to be lived.
- Time is an ally in support of positive changes
- Ceremony and ritual give order, stability, and confidence.
- Joy should be built into each day.

and promote recovery from trauma. As a Trauma-Informed organization we build on strengths and assets of students, staff, and communities instead of responding to their perceived deficits. We recognize that everyone has a role to play.

Trauma informed care focuses on understanding the whole child and the context of their life experiences. It facilitates recovery, growth, and resiliency. It focuses on trust and safety and the hope that through developing relationships that are healthy and predictable, our students will continue to heal and grow for years after they have left Serendipity Center.

## Trauma Informed Care at Serendipity

Delivering care that is trauma informed requires a mindset that permeates all practices. Our goal is for students' full experience at Serendipity to be one that is congruent with and respectful of their backgrounds and identities. Below are specific adopted practices that support these efforts:

- Included in the Serendipity intake process is a screening for histories that may include adverse or traumatic experiences of the child (ACES).
- Based on clinical assessments and our growing relationships with each student, a Contextual Roadmap is developed. The Contextual Roadmap communicates

insight into a child's world view, preferences, triggers, and learned coping strategies. Most importantly, the Contextual Roadmap lists those interventions that are indicated and those that are contra-indicated based on a child's clinical profile.

- Monthly, every program staff member participates in one or more clinical consultation team meetings, in which student progress is monitored and interventions planned based on a contextual awareness of the impact of traumatic experiences or other meaningful components of each child's story.
- We promote self-care strategies for our staff as we recognize that being stewards of trauma can have an impact on their own lives and on their professional growth.

### For more information, please contact:

*Kevin Thompson, Serendipity Principal*  
503-761-7139  
ext. 149 [kevint@serendipitycenter.org](mailto:kevint@serendipitycenter.org)

*Jackie Trussell, Treatment Director,*  
503-761-7139  
ext. 135 [jackiet@serendipitycenter.org](mailto:jackiet@serendipitycenter.org)

*Kristin Harquail, Admissions Manager*  
503-761-7139  
ext. 146 [kristinh@serendipitycenter.org](mailto:kristinh@serendipitycenter.org)