



Serendipity's Mission is to provide the best environment for our students to heal and become educated, productive community members.

## Food Services Fact Sheet

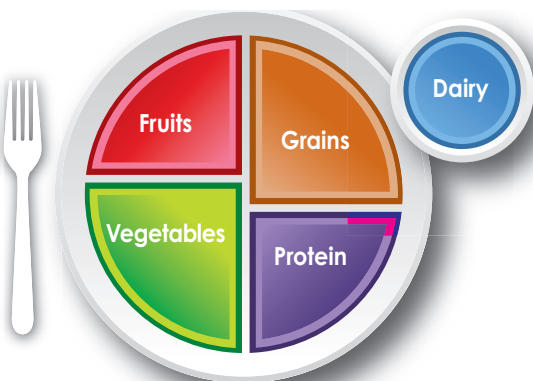
As the guiding philosophy for our therapeutic school, Serendipity embraces the principles of Re-Education. These focus on the strength inherent in each child, employing a variety of perspectives and experiential approaches to thoughtfully move students towards independence.

### Program Description:

Serendipity provides learning opportunities in an environment that supports the overall health and well-being of some of the most vulnerable children in our community. Food and meal sharing is an important part of creating a successful learning environment. Every morning before classes begin — and again at lunchtime — Serendipity students enjoy a meal together. They start the day ready to learn, feeling secure and well nourished. Their basic needs are met and they have energy for the day's activities.

The Food Services team at Serendipity Center has made the following commitments to our students, staff, and guests:

- Our daily menu meets and exceeds the USDA nutrition standards
- Familiar foods are offered with a variety of rotating proteins
- Cuisines from around the world are highlighted each week



Students at Serendipity benefit from nourishing meals and the supports of a successful learning environment.

- Ingredients are fresh, local and seasonal
- Healthy comfort food is prepared almost entirely from scratch
- Recipes are prepared using primarily whole foods and whole enriched grain products
- Produce from Serendipity's Growing Minds Garden is incorporated as often as possible
- We offer alternatives to menu items due to food allergies or major dislikes
- Students have access to healthy foods throughout the day
- A "Vegetable of the Day" is featured on our daily menu
- Nutritious and delicious food is made with the intent of love and healing!

### Serendipity's Core Beliefs, drawn from the Principles of RE-Education:

- Trust is essential.
- Feelings should be nurtured.
- Groups are major sources of instruction.
- Community must be experienced to be learned.
- Intelligence can be enhanced.
- Competence makes a difference, especially with schoolwork.
- Self-control can be taught.
- Physical experiences help us define ourselves.
- Now is when life is to be lived.
- Time is an ally in support of positive changes
- Ceremony and ritual give order, stability, and confidence.
- Joy should be built into each day.

For more information, please contact:

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