

# Serendipity Center September 2019 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	<sup>3</sup> Eggs & English Muffins	<sup>4</sup> Blueberry Pancakes	<sup>5</sup> Biscuits & Gravy	<sup>6</sup> Banana Bread
<sup>9</sup> Bagel & Cream Cheese	<sup>10</sup> Veggie Quiche Muffin	<sup>11</sup> French Toast	<sup>12</sup> Oatmeal	<sup>13</sup> Carrot Zucchini Bread
<sup>16</sup> Pumpkin Bread	<sup>17</sup> Eggs & English Muffins	<sup>18</sup> Blueberry Pancakes	<sup>19</sup> Biscuits & Gravy	<sup>20</sup> Banana Bread
<sup>23</sup> Bagel & Cream Cheese	<sup>24</sup> Veggie Quiche Muffin	<sup>25</sup> French Toast	<sup>26</sup> Oatmeal	<sup>27</sup> Carrot Zucchini Bread
<sup>30</sup> Pumpkin Bread				<b>MENU SUBJECT TO CHANGE</b>

Available daily  
Juice, Fruit, Milk  
Whole Wheat Toast, Cereal,  
Yogurt & Granola

1% or non-fat flavored milk offered daily.

Only 100% juice and fresh fruit is offered during breakfast.

Serendipity uses fruits, vegetables, and herbs from our garden when possible.



Serendipity Center, Inc. will not discriminate against any individual with respect to employment or provision of services based upon that individual's race, color, religion, sex, national origin, age, sexual orientation, political affiliation, marital status, disability, gender identity, source of income or familial status. Additionally, Serendipity complies with Executive Order 11246, Titles VI, VII and IX of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act.

This institution is an equal opportunity provider.

# Serendipity Center September 2019 Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	3 Beef or Bean Tacos Veggie of the Day	4 BBQ Chicken Subs Veggie of the Day	5 Sausage or Cheese Pizza Veggie of the Day	6 Hot Dogs Veggie of the Day
9 Mac & Cheese Veggie of the Day	10 Chicken or Bean Enchilada Casserole w Rice Veggie of the Day	11 Hamburger or Veggie Burger Veggie of the Day	12 Teriyaki Chicken Yakisoba Noodles Veggie Stir Fry	13 Turkey Sandwich Veggie of the Day
16 Cheesy Beef Pasta Veggie of the Day	17 Chicken or Bean Burrito Veggie of the Day	18 Meatball Sub Veggie of the Day	19 Sausage, Black Beans & Rice Veggie of the Day	20 Tuna Sandwich Veggie of the Day
23 Baked Penne Veggie of the Day	24 Beef or Bean Nachos Veggie of the Day	25 Veggie Chili Veggie of the Day	26 Sloppy Joeys Veggie of the Day	27 Ham Sandwich Veggie of the Day
30 Spaghetti & Meat Sauce Veggie of the Day		Available daily Fruit, Milk, Salad Bar		MENU SUBJECT TO CHANGE

1% or non-fat flavored milk offered daily.

Serendipity uses fruits, vegetables, and herbs from our garden when possible. Salad bar is subject to change due to availability and quality. Contents daily: Fruit, Romaine lettuce, Spring mix, Carrots, Cucumbers, Mushrooms, Cauliflower, Broccoli, Radishes, Olives, Tomatoes, Corn, Celery, Cabbage, Cheese, Beans, and Nuts. Ranch and Italian dressings made in house are offered.



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