

Serendipity Center November 2018 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Bar* Juice Fruit Milk	2 Breakfast Bar* Juice Fruit Milk
5 Breakfast Bar* Juice Fruit Milk	6 Breakfast Bar* Juice Fruit Milk	7 Breakfast Bar* Juice Fruit Milk	8 NO SCHOOL	9 NO SCHOOL
12 NO SCHOOL	13 Breakfast Bar* Juice Fruit Milk	14 Breakfast Bar* Juice Fruit Milk	15 Breakfast Bar* Juice Fruit Milk	16 Breakfast Bar* Juice Fruit Milk
19 Breakfast Bar* Juice Fruit Milk	20 Breakfast Bar* Juice Fruit Milk	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
26 Breakfast Bar* Juice Fruit Milk	27 Breakfast Bar* Juice Fruit Milk	28 Breakfast Bar* Juice Fruit Milk	29 Breakfast Bar* Juice Fruit Milk	30 Breakfast Bar* Juice Fruit Milk

***Breakfast Bar**

Breakfast bar offers eggs, potatoes, toast, granola, yogurt and cereals.

1% or non-fat flavored milk offered daily.

Only 100% juice and fresh fruit is offered during breakfast.

Serendipity uses fruits, vegetables, and herbs from our garden when possible.



Serendipity Center November 2018 Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chili & Corn Bread Veggie of the Day Fruit Milk	2 Meatball Sub Veggie of the Day Fruit Milk
5 Baked Penne Veggie of the Day Fruit Milk	6 Beef or Bean Burrito Veggie of the Day Fruit Milk	7 Brazilian Black Beans & Sausage Veggie of the Day Fruit Milk	8 NO SCHOOL	9 NO SCHOOL
12 NO SCHOOL	13 Beef or Bean Nachos Veggie of the Day Fruit Milk	14 BBQ Chicken Subs Veggie of the Day Fruit Milk	15 Lentil Soup Veggie of the Day Fruit Milk	16 Roast Beef Sandwich Veggie of the Day Fruit Milk
19 Minestrone Soup Veggie of the Day Fruit Milk	20 Thanksgiving Meal	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
26 Lasagna Veggie of the Day Fruit Milk	27 Chicken Enchilada Casserole Spanish Rice Veggie of the Day Fruit Milk	28 Meatball Subs Veggie of the Day Fruit Milk	29 Teriyaki Chicken Tofu Yakisoba Noodles Vegetable Stir Fry Fruit / Milk	30 Tuna Sandwich Veggie of the Day Fruit Milk

1% or non-fat flavored milk offered daily.

Serendipity uses fruits, vegetables, and herbs from our garden when possible. Salad bar is subject to change due to availability and quality. Contents daily: Fruit, Romaine lettuce, Spring mix, Carrots, Cucumbers, Mushrooms, Cauliflower, Broccoli, Radishes, Olives, Tomatoes, Corn, Celery, Cabbage, Cheese, Beans, and Nuts. Ranch and Italian dressings made in house are offered.

