

September 2018 Breakfast Menu

Serendipity Center



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL	4 Breakfast Bar* Juice Fruit Milk	5 Breakfast Bar* Juice Fruit Milk	6 Breakfast Bar* Juice Fruit Milk	7 Banana oat muffin Juice Fruit Milk Breakfast Bar*
10 Breakfast Bar* Juice Fruit Milk	11 Breakfast Bar* Juice Fruit Milk	12 Breakfast Bar* Juice Fruit Milk	13 Breakfast Bar* Juice Fruit Milk	14 Carrot zucchini bread Juice, Fruit Milk Breakfast Bar*
17 Breakfast Bar* Juice Fruit Milk	18 Breakfast Bar* Juice Fruit Milk	19 Breakfast Bar* Juice Fruit Milk	20 Breakfast Bar* Juice Fruit Milk	21 Pumpkin bread Juice Fruit Milk Breakfast Bar*
24 Breakfast Bar* Juice Fruit Milk	25 Breakfast Bar* Juice Fruit Milk	26 NO SCHOOL	27 Breakfast Bar* Juice Fruit Milk	28 Banana bread Juice Fruit Milk Breakfast Bar*

*Breakfast Bar

Breakfast bar offers eggs, potatoes, toast, granola, yogurt and cereals.

1% or non-fat flavored milk offered daily.

Only 100% juice and fresh fruit is offered during breakfast.

Serendipity uses fruits, vegetables, and herbs from our garden when possible.



USDA and the state of Oregon are equal opportunity providers and employers.



MAILING ADDRESS:
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PLEASE VISIT OUR WEBSITE:
www.serendipitycenter.org

September 2018 Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL	4 Beef or Bean Tacos Veggie of the Day Milk Fruit	5 BBQ Chicken Subs Veggie of the Day Milk Fruit	6 Teriyaki Beef Asian Rice Stir Fry Vegetable Milk Fruit	7 Turkey Sandwich Bar Veggie of the Day Milk Fruit
10 Macaroni & Cheese Veggie of the Day Milk Fruit	11 Chicken or Bean Enchilada Casserole Spanish Rice Veggie of the Day Milk Fruit	12 Sloppy Joeys Veggie of the Day Milk Fruit	13 Sausage or Cheese Pizza Veggie of the Day Milk Fruit	14 Ham Sandwich Bar Veggie of the Day Milk Fruit
17 Spaghetti and Meat Sauce Veggie of the Day Milk Fruit	18 Beef or Bean Nachos Veggie of the Day Milk Fruit	19 Pesto Chicken Sandwich Veggie of the Day Milk Fruit	20 Beef or Bean Chili Veggie of the Day Milk Fruit	21 Roast Beef Sandwich Veggie of the Day Milk Fruit
24 Baked Penne Veggie of the Day Milk Fruit	25 Chicken or Bean Burritos Veggie of the Day Milk Fruit	26 NO SCHOOL	27 Teriyaki Chicken Yakisoba Noodles Vegetable Stir Fry Milk Fruit	28 Tuna Sandwich Bar Veggie of the Day Milk Fruit

1% or non-fat flavored milk offered daily.

Serendipity uses fruits, vegetables, and herbs from our garden when possible. Salad bar is subject to change due to availability and quality. Contents daily: Fruit, Romaine lettuce, Spring mix, Carrots, Cucumbers, Mushrooms, Cauliflower, Broccoli, Radishes, Olives, Tomatoes, Corn, Celery, Cabbage, Cheese, Beans, and Nuts. Ranch and Italian dressings made in house are offered.



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