

September 2017 Breakfast Menu

Serendipity Center



MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**



1% or non-fat flavored milk offered daily.
 Only 100% juice and fresh fruit is offered during breakfast.
 Serendipity uses fruits, vegetables, and herbs from our garden when possible.

1
NO SCHOOL

4 NO SCHOOL	5 Eggs and toast Juice Fruit Milk	6 Waffles Juice Fruit Milk	7 Oatmeal Juice Fruit Milk	8 Banana oat muffin Juice Fruit Milk
11 Cereal or granola and yogurt Juice Fruit Milk	12 Egg potato frittata and toast Juice Fruit Milk	13 French toast Juice Fruit Milk	14 Biscuits and gravy Juice Fruit Milk	15 Carrot zucchini bread Juice Fruit Milk
18 Bagel and cream cheese Juice Fruit Milk	19 Eggs and toast Juice Fruit Milk	20 Waffles Juice Fruit Milk	21 Oatmeal Juice Fruit Milk	22 Pumpkin bread Juice Fruit Milk
25 Cereal or granola and yogurt Juice Fruit Milk	26 Egg potato frittata and toast Juice Fruit Milk	27 Pancakes Juice Fruit Milk	28 Biscuits and gravy Juice Fruit Milk	29 NO SCHOOL

USDA and the state of Oregon are equal opportunity providers and employers.



MAILING ADDRESS:
 PO BOX 33350
 PORTLAND, OR 97292

CAMPUS ADDRESS:
 14815 SE DIVISION
 PORTLAND, OR 97236


PHONE: 503.761.7139
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PLEASE VISIT OUR WEBSITE:
www.serendipitycenter.org

September 2017 Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>1% or non-fat flavored milk offered daily.</p> <p>Serendipity uses fruits, vegetables, and herbs from our garden when possible. Salad bar is subject to change due to availability and quality. Contents daily: Fruit, Romaine lettuce, Spring mix, Carrots, Cucumbers, Mushrooms, Cauliflower, Broccoli, Radishes, Olives, Tomatoes, Corn, Celery, Cabbage, Cheese, Beans, and Nuts. Ranch and Italian dressings made in house are offered.</p>				1 NO SCHOOL
4 NO SCHOOL	5 Beef or Bean Nachos Salad Bar Milk	6 BBQ Chicken Sub Salad Bar Milk	7 Sausage or Cheese Pizza Salad Bar Milk	8 Peanut Butter and Jelly Sandwich Vegetable Fruit Milk
11 Spaghetti and Meat Sauce Salad Bar Milk	12 Chicken or Cheese Quesadilla Salad Bar Milk	13 Meatball Sub Salad Bar Milk	14 Teriyaki Chicken Yakisoba Noodles Vegetable Stir Fry Salad Bar Milk	15 Ham Sandwich Vegetable Fruit Milk
18 Baked Penne Salad Bar Milk	19 Beef or Bean Tacos Salad Bar Milk	20 Hamburger and Bun Salad Bar Milk	21 Sausage or Cheese Pizza Salad Bar Milk	22 Turkey Sandwich Vegetable Fruit Milk
25 Macaroni and Cheese Salad Bar Milk	26 Chicken or Bean Burritos Salad Bar Milk	27 Sloppy Joe's Salad Bar Milk	28 Teriyaki Beef Vegetable Stir Fry Asian Rice Salad Bar Milk	29 NO SCHOOL

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